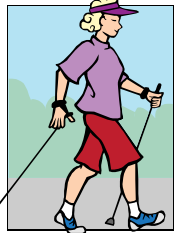


**Other Scheduled Programs,** continued

**Tues., March 23, 7:00 p.m. LiveWires Presents: Age Well, Be Well., Part I.** Nurse practitioner and consultant, Paula Koppel launches a three-part series with the goal of improving one's health and well-being, improving longevity and enhancing the



quality of life. The first part of this series focuses on *Understanding the Aging Process and Why Some People Live Longer.*

**Tues., April 13, 10:00 a.m. Coffee & More. The Traveling Librarian Goes to South Africa.**

Join Jeff Klapes on a tour of South Africa. Visit Johannesburg and Soweto, site of the 1976 uprisings; take a game drive in safari country and see African big game; visit colorful Capetown with its lively waterfront and beautiful botanical gardens; go mountain climbing in the beautiful Drakensberg mountains. Jeff will also take us on a side trip to the desert of Namibia. Armchair travelers won't want to miss this!



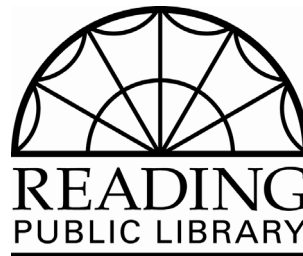
**Tues., April 27, 7:00 p.m. LiveWires Presents: Age Well, Be Well, Part II.**

Join Paul Koppel as she continues the series on enhancing health with *Add Years to Your Life and Life to Your Years.* She will provide suggestions to improve health; discuss interventions and strategies to improve the quality of life; explore factors that contribute to longevity and provide practical suggestions for incorporating changes. (The series concludes on May 25.)



The LiveWires series is free of charge and open to all.

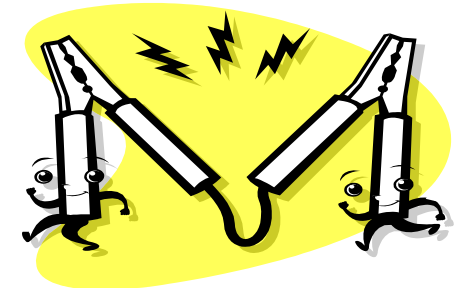
The LiveWires series is funded by the Friends of the Reading Public Library .



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**READING PUBLIC  
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**LiveWires:**



**Lifelong Learning  
in the Library**

**Book and Film  
Discussion Series,  
Speakers, and  
Coffee Hour Series**

**January-April 2010**

-LiveWires:



## Lifelong Learning in the Library -

**LiveWires: Lifelong Learning in the Library** is a program designed for people who never want to stop learning. Join us for a stimulating series!

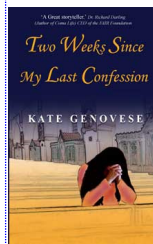


### Scheduled Programs

**Tues., January 12, 10:00 a.m. Coffee & More. Giving Wisely to Charities.** Giving to a charity is a very personal decision, but it is important to do your homework to be certain that your donation is going to a charity you can trust. Marysa Ingersoll, Public Relations Associate for the Boston Better Business Bureau, will guide us on how to choose a trustworthy charity. Learn about organizational charities and how to avoid scams. She will also prepare us for tax season by presenting tips on your charitable tax deductions.

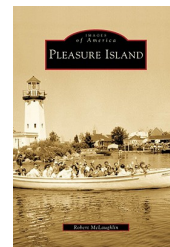


**Tues., January 26, 7:00 p.m. LiveWires Presents: Author, Kate Genovese.** Woburn resident and registered nurse, Kate Genovese is the author of three books, including her most recent work of fiction, *Two Weeks Since My Last Confession*. Kate will talk about her books, what led her to writing and the story behind publishing. Books will be available for purchase and signing.

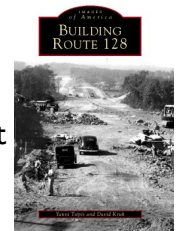


Kate will talk about her books, what led her to writing and the story behind publishing. Books will be available for purchase and signing.

**Tues., February 9, 10:00 a.m. Coffee & More. Remembering Pleasure Island.** Billed as Boston's answer to Disneyland, Pleasure Island opened in wetlands off of Route 128 in 1959. Bob McLaughlin, co-founder of the *Friends of Pleasure Island*, has collected images, film, oral history and artifacts relating to the park, which he uses in his book. ***Pleasure Island***, part of the *Images of America* series, tells the story of this Wakefield amusement park. Using these archives, Bob will take us on a trip down memory lane back to Pleasure Island.



**Tues., February 23, 7:00 p.m. LiveWires Presents: Building Route 128.** Local author David Kruh will present a slide show based on his book, ***Building Route 128***, the story of the highway that began as a series of two-lane roads around Boston in the 1920s. Part of the *Images of America* series, David's book and this slide show will appeal to those who are curious about the history of Boston suburbs and the changes that the highway has brought to this region.



**Tues., March 9, 10:00 a.m. Coffee & More. Interior Color by Design.** Architectural Designer Jonathan Poore, owner of Poore & Co. in Gloucester, will talk about how color influences us and our homes and how we can transform our interior space with color. The author of *Interior Design by Color*, Jonathan will have copies of his book available for purchase and signing.

