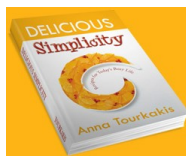


Tuesday, March 27, 7:00 p.m.
LiveWires Presents: A Tea Tour Through India and Sri Lanka. Join Danielle Beaudette, owner of the Cozy Tea Cart in Brookline, NH, as she shares pictures, stories, and tastes of the teas she has encountered in her travels through India and Sri Lanka.

Space is limited for this program and registration is required. Sign up by calling the library or register online at www.readingpl.org (click on *Calendar*).



Tuesday, April 10, 10:00 a.m.
(Coffee & refreshments will be served at 9:30 a.m.) **LiveWires Coffee & More: Characteristics of a Healthy Diet.** Nutrition and cooking teacher Anna Tourkakis is the author of *Delicious Simplicity: Recipes for Today's Busy Life*, a cookbook stressing healthful, tasty, easy-to-prepare meals. She teaches at North Shore Community College and offers a regular cooking program on RCTV. At this program she will clear up the many myths



about healthy eating and will demonstrate a recipe that everyone can make at home.

Tuesday, April 24, 7:00 p.m. LiveWires Presents: Stone Walls of New England. Living in New England, we often take stone walls 'for granite', but Kevin Gardner, author of *The Granite Kiss: Traditions and Techniques of Building New England Stone Walls*, considers their place in the imagination of New Englanders. He will explain how and why New England came to acquire its thousands of miles of stone



walls, the ways in which they were built, how their styles have emerged and changed over time and their significance to the New England landscape. He will also build a stone wall!

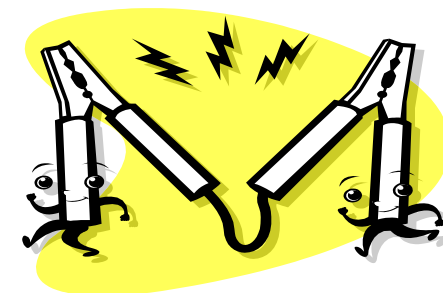
The LiveWires series is free of charge and is funded by the Friends of the Reading Public Library.



Reading Public Library
64 Middlesex Ave.
Reading, MA 01867
781-944-0840
www.readingpl.org

READING PUBLIC LIBRARY PRESENTS...

LiveWires:



Lifelong Learning in the Library

Coffee Hour, Speakers and Discussion Series

January-April 2012

-LiveWires:



Lifelong Learning in the Library-

LiveWires: Lifelong Learning in the Library is a program designed for people who never want to stop learning. Join us for a stimulating series!



Scheduled Programs



Tuesday, January 10, 10:00 a.m. (Coffee & refreshments will be served at 9:30 a.m.)

LiveWires Coffee & More: Six Days in Haiti. Join local residents Ron and Maureen D'Addario as they recount their 2011 mission trip to earthquake-ravaged Haiti with the St. Boniface Haiti Foundation. The mission of this foundation, a volunteer organization founded by parishioners of St. Boniface Church in Quincy, is to serve the poorest of the poor in rural Haiti with healthcare and humanitarian aid. The D'Addarios will show pictures and narrate their experiences among the earthquake victims..



**St. Boniface
Haiti Foundation**

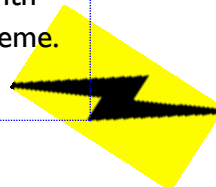
Tuesday, January 24, 7:00 p.m. LiveWires Presents: A Financial Fire Drill. The Financial Planning Association (FPA®) is the largest membership organization for personal financial planning experts in the U.S. and includes professionals from all backgrounds. Tonight's presentation will assist people in working through how to cope with a loss of income due to job loss or other adversity. The presenter will also tell how to manage investments during uncertain market conditions.



Tuesday, February 14, 10:00 a.m. (Coffee & refreshments at 9:30 a.m.) **LiveWires Coffee & More: Local Color.** (Rescheduled from earlier date.) *Derby Square Tours'* Jim McAllister will recount tales of some of the region's most colorful characters—from the curious residents of Dogtown to the bizarre Lord Timothy Dexter—in this entertaining slide lecture.



In honor of Valentine's Day, he will also relate some fun local romance stories in keeping with the home-grown theme.



Tuesday, February 28, 7:00 p.m. LiveWires Presents: Bicycling North of the Arctic Circle. Local resident, personal trainer, and amateur cyclist Denis Beaudry is a bike touring aficionado; he has traveled the world on his bicycle, with trips on the Alaska Highway from Fairbanks, Alaska to Seattle; from Seattle to Boston; and through the Pyrenees Mountains from France to Barcelona, Spain. This presentation will focus on his bicycle trip in northern Scandinavia.



Tuesday, March 13, 10:00 a.m. (Coffee & refreshments at 9:30 a.m.) **LiveWires Coffee & More: Chakras and Qigong.** Allison Sloan, Certified Yoga Instructor, *Finding Inner Peace*, will present an interactive program to engage your thoughts and gently tune your muscles as you learn about the 7 Chakras and the 18 forms of Tai Chi Qigong [Chee Kung]. A brief discussion of the Chakras (the circles of energy in our bodies) will precede a Tai Chi Qigong session, using relaxing, flowing motion to help oxygenate and unwind muscles.

